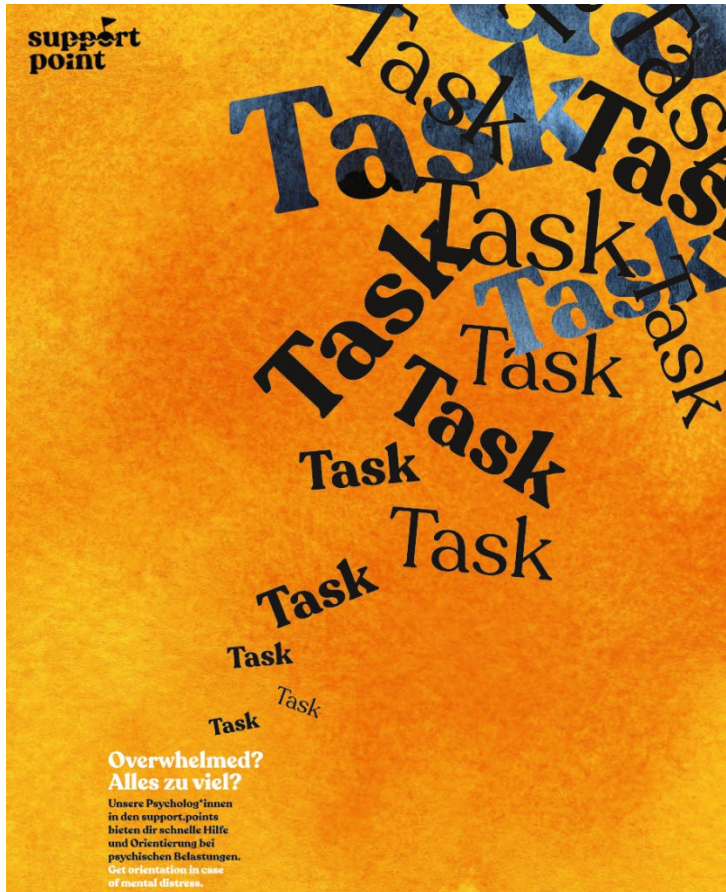


# support point

A project to support mental health and  
wellbeing at FU Berlin

# General info about the support.points



- support.points are the first point of contact for all concerns regarding mental health during studies
- **No concern is too big or too small**
- All support.points are open to all students and employees of the FU
- Consultations are confidential, staff are bound to secrecy
- All information about the support.points (locations, consultation hours) + infos, e.g. on how to find a psychotherapy

[fu-berlin.de/en/sites/mentalwellbeing](https://fu-berlin.de/en/sites/mentalwellbeing)



## support.point PhilGeist

- Rost- und Silberlaube, JK28/115 (ground floor, entrance to JK28 between lecture hall 1a and ZEDAT computer pools)
- Open consultation hours (no appointment needed) and appointment consultation hours; consultations in German, English, French
- Overview consultation hours + appointment booking: [https://www.fu-berlin.de/en/sites/mentalwellbeing/Support\\_Points/index.html](https://www.fu-berlin.de/en/sites/mentalwellbeing/Support_Points/index.html)
- Contact/Inquiries: [support.point.philgeist@studienberatung.fu-berlin.de](mailto:support.point.philgeist@studienberatung.fu-berlin.de)



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