



**Social form:**

individual

**Aim:**

- calming down
- ending the drama-oriented phase

**Material / Props:**

none

**Duration:**

less than 3 minutes

**Based on:**

Elena, D. (2011): *Dramapädagogik für Englisch in der Sekundarstufe*. AOL Verlag Buxtehude. 24.

### Cool-Down Activity

non-verbal

## Stepping out of the role

#### Procedure:

After the dramatization, the students pretend to step out of their role by pretending to take off their imaginary costumes.



**Social form:**

class

**Aim:**

- calming down
- ending the drama-oriented phase

**Material / Props:**

none

**Duration:**

5 - 10 minutes

**Based on:**

<<http://www.teachit.co.uk/attachments/games.pdf>>

### Cool-Down Activity

non-verbal

## Chinese Mime

#### Procedure:

The students sit in a circle and close their eyes. One student is named to be the first mime. After a while (time to come up with an idea about what to mime!), the mime taps his neighbor lightly on the shoulder, the student opens his/her eyes to watch the mime. Then, it is up to student 2 to pass the mime on to his/her neighbor. When the mime reaches the end of the circle, all students have the chance to compare the last student's and the first student's mimes.

For further considerations and teaching suggestions see:

Sambanis, Michaela (2013). *Fremdsprachenunterricht und Neurowissenschaften*, Tübingen: Narr (especially chapter IV: Bewegung & Lernen, and chapter V: Dramapädagogik). 19,99 Euro. <http://www.narr-shop.de/index.php/fremdsprachenunterricht-und-neurowissenschaften.html>